## **Information on the preliminary assessment of suitability:**

- I.) The following tests must be carried out and the results presented before a medical examination can be carried out and an opinion given on suitability:
- A) For students starting a course of study in Nursing or Midwifery:
  - Lung or chest X-ray (negative result within 1 year is acceptable)
  - Gross Laboratory tests: complete (qualitative) blood count, blood glucose, liver function (GOT, GPT, GGT, ALP, bilirubin), renal function (urea/urea, creatinine, eGFR, uric acid), routine urine sedimentation (findings within 3 months)
  - Faecal analysis (Salmonella, Shigella, Yersinia)
  - Serological tests:
    - → Hepatitis B immunity: anti-HBs (≥10 mIU/mL appropriate, booster vaccination required for <10 mIU/mL), HBsAg titer</li>
    - Hepatitis C immunity: anti-HCV titer
    - Measles (morbilli) immunity: morbilli IgG titer (>200 mIU/mL appropriate,
      <200 mIU/mL requires MMR revaccination)</li>
    - Protection against HIV/AIDS: anti-HIV-1/-2 titer
    - Protection against syphilis (lues)

## B) For students starting studies in Physiotherapy:

- Lung or chest X-ray (negative result within 1 year is acceptable)
- CBC: complete (qualitative) blood count, blood glucose, liver function (GOT, GPT, GGT, ALP, bilirubin), renal function (urea/urea, creatinine, eGFR, uric acid), routine urine sedimentation (within 3 months)
- Serological tests:
  - Hepatitis B immunity: anti-HBs (≥10 mIU/mL appropriate, booster vaccination required for <10 mIU/mL), HBsAg titer</li>
  - o Hepatitis C immunity: anti-HCV titer
  - Measles (morbilli) immunity: morbilli IgG titer (>200 mIU/mL appropriate,
    <200 mIU/mL requires MMR revaccination)</li>
  - o Protection against HIV/AIDS: anti-HIV-1/-2 titer
  - The above mentioned examinations can be carried out in Szeged with a referral card issued by the Occupational Health Service, which can only be used in the institutions of the SZTE Clinical Centre (in Szeged) (free of charge), not in other health care institutions.

## Screening tests are carried out at the SZTE Clinical Centre in Szeged:

- 1. Laboratory, chest X-ray, stool examination referrals are accepted (by phone or e-mail) at the SZTE SZAKK Family Medicine Institute and Occupational Health Service, Specialist Medical Office No. 1 (6721 Szeged, Kálvin tér 5)
- 2. Appointments can be made on weekdays between 13.00 and 15.00 at +36-30/735-8742 or +36-30/737-1066. Appointments can usually be booked 1-2 weeks after the call and the turnaround time for results can be several days (1-2 days for a large laboratory test, 10-14 working days for a serological test) Drinking plenty of water before the blood test is recommended, and avoid eating for 6 hours before the test.
- 3. Chest X-ray examination (by telephone) can be done after booking an appointment. Appointments can be made on weekdays between 13:20-16 by calling +36-62/545-400/1, approximately 2-4 weeks later at the 1st Clinic Institute (Tisza Lajos krt 97) or the SZTE New Clinic (Semmelweis u. 6) The result will be ready in 1 day.
- 4. For stool analysis, a pea-sized sample placed in the stool container must be handed in together with the referral form at the reception (left window) of the Institute of Clinical Microbiological Diagnostics of the SZTE SZAKK (Semmelweis u. 6; the

- building is next to the SZTE Ear, Nose and Throat Clinic and behind the New Clinic) on working days between 8 and 19 hours.
- 5. The results of the examinations performed at the SZTE Clinical Centre are uploaded to the EESZT system (students can check their completion here), while the occupational physician accesses them via the internal institutional electronic information system, so it is not necessary to request the findings.
- 6. Once the results are visible in EESZT, please make an appointment (by phone or e-mail) for a medical health/fitness test as soon as possible at the specialist surgery at Kálvin tér 5.
- 1. They can have the necessary screening tests carried out individually, at their own expense, in their place of residence. In this case, it is essential that you bring the test results on paper, printed out, with you to the screening. In addition to the original findings, they should also, if possible, take a photocopy of the test results, which they can leave at the doctor's surgery, thus helping to speed up the examination.

Please arrange for the tests to be carried out as soon as possible after receipt of the referral, preferably within 2 weeks.

## **II.** Documents required for the preliminary medical assessment:

- 1. Health assessment questionnaire please complete, sign and bring with you
- 2. Health declaration please complete, sign and bring with you
- 3. Health Booklet (Health declaration and test data form C.3151-2/p. 2, available from any stationery shop), completed with personal details on page 1 and signed on page 4. In the small booklet, please write the name of the organisation under the heading of the organisation and the job title, e.g. student nurse
- 4. Copies of medical records and final reports relating to treated and/or under investigation or chronic illnesses, previous major operations, injuries and any sensory impairments (loss of sight, hearing)
- 5. if glasses/contact lenses are worn, the last test results, including dioptric power
- 6. Photocopies of the pages of the Childhood Health Record and Vaccination Book for persons 14 years of age and older regarding immunizations (take the original book with you). In their absence, a certificate from a family pediatrician and/or school nurse/school physician that they have received the age-required 2 doses of Hepatitis B and 2 doses of Measles (MMR) vaccinations is required. Proof of vaccination against Covid-19 (compulsory: basic vaccination + 1 booster vaccination). Acceptable: Hungarian paper vaccination certificate, EU vaccination certificate, immunity (plastic) card
- <u>III. Please be punctual at the examinations.</u> It is compulsory to wear a surgical nose and mouth mask in the surgery. On arrival in the waiting room, use the hand sanitiser provided and prepare the documents, findings, results and your own pen for the examination.
- IV. At the end of the medical fitness examination, all the findings and results will be assessed/reviewed for their professional competence and their medical record book will be validated for a given period of time, which is necessary for their mandatory internship in patient care.