



FACULTY NEWS

FACULTY OF HEALTH SCIENCES AND SOCIAL STUDIES

TABLE OF CONTENTS:

Thoughts during the epidemic - 1

DEAN'S OFFICE

Look for the stand of SZTE on Educatio - 2

SZTE approached about ten thousand students with its domestic enrolment roadshow - 3

About 500 participants on the Open Day of the University of Szeged - 4

SECTION OF APPLIED MEDICAL SCIENCES

Conference - 5

DEPARTMENT OF NURSING

News - 6

Recognition of skilled workers by the Hungarian Healthcare Professionals' Chamber - 8

Nurses' recognition in the Health Centre of the University of Szeged - 10

SECTION OF HEALTH BEHAVIOUR AND HEALTH PROMOTION

Professional evening of the Dental Hygienist students - 11

DEPARTMENT OF PHYSIOTHERAPY

Visit of a Turkish guest teacher - 12

We remember Prof Tamás Mészáros PhD. (1939-2020) - 12

Thoughts during the epidemic

Dear Students, Dear Colleagues!

When we started to gather the news and events to the Second Faculty News of the 2019/2020 academic year the coronavirus epidemic had already started, but we could observe its havoc from a relative distance.

By the day of the appearance of the Faculty News however, it is here around the corner: in our country the number of infectious cases as well as the death toll is increasing. The students and instructors of the Faculty of Health Sciences and Social Studies perhaps better understand the significance of the healthcare risks and complications, and they experienced a lot about the particularities of the health care sector which now undertakes extreme duties. Before we have already met many persons and families who were drifted toward the edge of society by a crisis, and we can see that the coronavirus will cause beside the healthcare effects serious social and economic damage as well. We know that the epidemic not experienced before will unavoidably result in a crisis in our university studies and in the practice of our instructing work as well as in our bigger environment despite all our knowledge and goodwill.

Beside experiencing from time to time fear and anxiety, it is worth however to pay attention first of all to following the epidemiological measures and to keep an eye on the global progresses that may cause an epidemic very fast. And we can see the international scientific collaboration, such experienced never before, started to get to know the nature of the virus, then to develop quickly the test material and to find the antidote. Several nations' research groups work together in close cooperation. The cross-border healthcare solidarity supporting human life also began: professionals and devices took to the road to provide help at the areas afflicted by the epidemic.

In our institute similar things can be experienced: instructor colleagues help each other with their ideas, and in this new situation innovative educational methods turn up. Beside avoiding personal meetings, the students also help each other. They created study groups and communicate continuously online.

Asking everyone, please aim to complete your duties as instructors and students even in the changed conditions, and please always watch the Coospace site for news in connection with the educational and academic issues.

We hope that by following the epidemiological regulations we can decrease the infection intensity and soon we can again live our offline university life.

Edina Berta Héderné – Andrea Domján – Gábor Nagy-Grócz

Look for the stand of SZTE on Educatio

The University of Szeged participates this year also in the Educatio International Education Expo, which will be held between 9th -11th January, 2020 in Budapest, in the Hall „A” of Hungexpo. At the largest review of the Hungarian educational market all the 12 faculties and Teacher Training Centre of SZTE will be present.

The University of Szeged, as according to QS World University Rankings, the best university of Hungary and the greenest Hungarian institution – every year takes part in the Educatio exhibition.

SZTE representatives wait for you at the stand FF03 to give you firsthand responses for your questions about further education. The 12 faculties and the Teacher Training Centre at the University of Szeged offer a wide range of training programs: from the fields of agriculture, humanities, through the fields of economics, IT, law, teacher training, sport, mechanics and art, up to the fields of medicine and health sciences, as well as social and natural sciences.

If you visit the SZTE stand, in addition to research and scientific activities you can learn all about the vibrant student life in Szeged, the dormitories, the talent management programmes, social benefits, cultural and sporting opportunities and the SZTE+ programme. The colleague of the SZTE Career Office provides you with free career advice. University students are happy to share their personal experiences about their studies, student life as well as their vision for the future. Visit the SZTE stand to receive the university's 2020/2021 academic year admission publication, and the most active can get SZTE gifts.

The Educatio International Education Expo was created to provide a response to the higher education issues. Its task is to connect the individual actors: the national and foreign higher education institutions, textbook publishers, language schools, vocational training institutions with the interested parties: students, educators and parents. Nearly 140 exhibitors and more than 53,000 visitors take part in the annual multi-day exhibition. The venue of the 20th Educatio International Education Expo is Hungexpo Budapest Fair Center Hall „A” (1101 Budapest, Albertirsai út 10). The event is free of charge.



6th January, 2020
SZTEInfo

SZTE approached about ten thousand students with its domestic enrolment roadshow

The University of Szeged is waiting for domestic high school students with open days organized outside the University, admission information presentations and central open days till the beginning of February, 2020. Until the end of last year, the SZTE NKI Public Relations Office had already approached appr. ten thousand students with the study programs and services of the University of Szeged.

The 2019/2020 enrolment roadshow of The University of Szeged International and Public Relations Management Public Relations Office travelled all over Hungary. Thus they organized open days for example in Baja, Kiskunfélegyháza, Békéscsaba, Hódmezővásárhely, Orosháza, Cegléd, Szekszárd, Tiszakécske, and Szolnok. On these days the visitors who are facing further learning had the opportunity to get to know the study programs and faculties of the University of Szeged in their own high school, they were informed about the student services, scholarship opportunities, and they received responses to all their questions regarding the admission procedure. Besides the high school students could get every information about the SZTE START program and the possibilities offered by the SZTE Junior Academy.

Besides the open days, the important stations of the enrolment roadshow are the career days and expos. Nearly 1500 students could meet the stands and the representatives of the University of Szeged, among others in Miskolc, Pécs, Dunaújváros, Szombathely, and Nyíregyháza.

The enrolment campaign is not over yet! Next time all the faculties and the central stand of the University of Szeged are waiting for students who are before application on the Educatio education expo between 09 and 11 January, 2020.

The University of Szeged will help the students also with an open day on February 08, 2020. On Saturday between 9:00 am and 14:00 pm the representatives of every faculty are waiting for the future university students and their parents to response their questions regarding the admission and the study programs.



Besides the central open day, each faculty of the University of Szeged is waiting for the inquirers on their own open days as well, the details of which can be found on the faculty websites.

8th January, 2020
SZTEInfo



About 500 participants on the Open Day of the University of Szeged

The University of Szeged held an open day with a parents' forum at the University of Szeged on February 8, 2020. The interested guests were able to learn about the university's faculties, study programs and university service units. The students who were before the application procedure, could fill in and submit the application form with the help of an expert.

According to the tradition, the University of Szeged held an open day in February this year as well in the central building of Dugonics Square. In addition to the high school students of the region, there were also a fair number of visitors from Budapest, Győr, Szombathely, Debrecen, Esztergom, Salgótarján, Dunaújváros, Nyíregyháza and beyond our borders. This year appr. 500 participants attended the Open Day of the SZTE in February.

The interested high school students and their parents were informed at the faculty stands about the actual admission regulations and the entire training program offer of the University of Szeged. Those who were still unsure about their career choice were awaited by the SZTE Careers Office with career advice. On the open day, in three tours, the SZTE staff also helped those who were unsure or had questions about the application form to fill it in.

At 11:00 Prof. Dr. Klára Gellén, Vice-Rector of education of the SZTE greeted the participants and held a parent meeting. "Those who have visited the OPEN DAY of the SZTE, have come to the best possible place" she stressed in her toast, as numerous national and international statistics show that the University of Szeged is one of the most prestigious higher education institutions in Hungary as well as in Europe and worldwide. She added that the institution's training program offer is constantly being adapted to the current expectations of the labour market. As a result of this, the number of first-place applicants to the University of Szeged increased by 5% in the 2019 general admission procedure and the number of admitted students by 6%.

In her presentation the Vice-Chancellor also informed the participants about the most important things relating to the application submission, about the channels and possibilities of receiving information, as well as about the changes affecting the University of Szeged. Dr. Edit Újvári, Director of the SZTE Junior Academy presented the programs for helping and supporting secondary school students, then Judit Pethő, head of the Higher Education Admission Department of the Education Office and Dr. Kornél Sándor Fazekas, regional representative of the Student Loan Center co. Ltd. held a briefing.

12th February, 2020



Conference

This year on the 29th - 30th January the Hungarian Neuroscience (MITT) conference was organized in Szeged and it was also an international IBRO Workshop.

Dr. Nagyné Dr. Gabriella Eördegh, colleague of the Section of Applied Medical Sciences participated in the congress with a first, with a last and with one co-author poster presentation.

The posters were:

Eördegh G, Rosu A, Godó Gy, Nagy A. Impairment of visually guided associative learning inpatients with borderline personality disorder.

Giricz Zs, Edelmayer M, Pertich Á, Bodosi B, Balikó V, Nyujtó D, Fehér Á, Eördegh G, Braunitzer G, Nagy A. Visually guided acquired equivalence learning and related memory processes in childhood migraine.

Pertich Á, Edelmayer M, Giricz Zs, Bodosi B, Fehér Á, Öze A, Puszta A, Németh L, Nagy P, Nagy A, Eördegh G. Obsessive-compulsive disorder doesn't affect the visually-guided associative learning in children



Konferencia/Conference



Our student: Éva Virág fourth year full-time Nurse Student ranked III. in the Christmas drawing competition of the NŐVÉR scientific and training journal.

(Edit Boros)

On January 23, 2020 an event was organized by Alzheimer Café and on behalf of the SZTE ETSZK Edit Boros assistant lecturer gave a presentation on the opportunities of prevention of falls in old age, particularly considering safe environment and way of life. Besides risk screening, the prevention steps and strategies were also discussed in the context of the lecture. The event ended with a roundtable discussion.



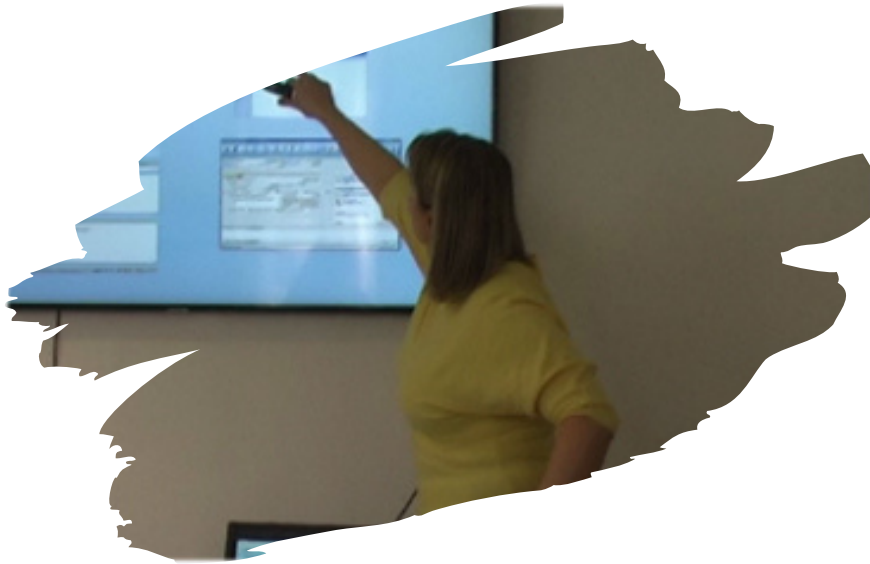
On January 30, 2020 -with the permission of the Dean - from the Attila József Grammar School and Vocational Training Secondary School of the Szeged Vocational Training Centre we received a group of students (about 10 pupils) learning in the field of social nursing and care and three teacher colleagues. Pál Bakó and Adrienn Szabó-Laboda accompanied the guests and organized programs for them. The basic and advanced nursing demonstration rooms of the Faculty were presented and our colleagues provided opportunities to experience some nursing interventions as well (for example hand disinfection, blood pressure measurement, BLS practicing, taking blood samples (it was the most popular)). To document the visit – after oral consent – we have also taken some photos in the way of intending to follow GDPR principles.

The event was in a good mood, the teachers who accompanied the group of students indicated a demand for a long term cooperation.



On February 19, 2020 the colleague of the Ultragél Ltd. provided information about the usage of the equipment purchased in the newly designed demonstration room.

On February 20, 2020 our colleague Mónika Kiss who got her diploma in our faculty in 2002 and who has been living and working in England (Gloucestershire Hospitals NHS Foundation Trust) as an APN nurse for a long time, gave a lecture on training APN nurses and on their tasks to our APN students and the colleagues of our Department. The students as well as the teachers were interested and they took part in the lecture actively.



The Department of Nursing between January 13 and February 14, 2020 received Aapo Kuusela Finnish nurse student, and between February 24-April 30 2020 Henna Thörnström and Antti Jouppi Finnish third year nurse students. All Finnish students study in the South-Eastern Finland University of Applied Sciences.

On February 21, 2020 an event was organized by Pál Bakó where we received Attila Lőrinc lecturer colleague (the master teacher of SE, who is the guest lecturer of the Tallin Healthcare College as well) for the purpose of further training in simulation education. Our colleague from Budapest has a more than 10 years of experience in simulation education. He was extremely helpful in sharing his practical experiences regarding simulation education as well as the literature sources he has found so far. Our colleague from Budapest expressed his intention to cooperate in making future common publications. All the teachers of our Department who took part in the further training found the started cooperation useful, which they would like to continue in the future. In the spirit of this we are going to host Attila Lőrincz again on 15th May, 2020, who will give an appr. one-and-half-hour-long lecture on the situation of the simulation education in Hungary and in Estonia. (The target audience of the lecture is the third and fourth year Nurse students, APN students and teaching colleagues.) After the lecture we are going to plan a short, practical simulation demonstration to the APN students and the interested teachers in the demonstration room no.13.

Recognition of skilled workers by the Hungarian Healthcare Professionals' Chamber

The Hungarian Healthcare Professionals' Chamber (MESZK) greeted the healthcare professionals on the occasion of the Hungarian Nurses' Day, on 21th February 2015, in the Frigyes Kulka lecture hall of the Albert Szent-Györgyi Health Centre of the University of Szeged. Six professionals, including two SZTE university colleagues were awarded at the ceremony.

The celebration in honour of the Hungarian Nurses' Day was organized in the József Baló Education Center of the Albert Szent-Györgyi Health Centre of USz. Here on behalf of the Hungarian Healthcare Professionals' Chamber Veronika Baloghné Fűrész and on behalf of the University Prof. Dr. László Rovó, rector greeted the participants and the invited guests.

In his speech, the Rector of the University of Szeged praised the work and perseverance of the professionals struggling in everyday life. He stressed that in addition to the important role of the nurses in health care, they also contribute to the fact that the Albert Szent-Györgyi Health Centre of USz represents an outstanding quality in the country's healthcare. Medicine is a priority within the University of Szeged, since our institution is not only an education and research centre, but also the largest healthcare provider institute of the city and its catchment area. We are constantly striving to provide the highest possible quality of healthcare service for the population. And in maintaining and raising this quality level further the nurses, healthcare professionals play and will always play a special role - he said.



Prof. Dr. Csaba Lengyel, President of the Albert Szent-Györgyi Health Centre of the University of Szeged stressed that without the right attitude and empathy nursing work cannot be successful regardless of what devices are available for them. In the clinics of the University of Szeged this hard challenging work is carried out by many people, even if many times it's hard. As he said, the Albert Szent-Györgyi Health Centre, USz comprises 29 clinics and is responsible for taking care of more than one and a half million patients. However, the development of science without the work that healthcare workers do, does not have any value - he said.

Prof. Dr. Csaba Lengyel, President of the Albert Szent-Györgyi Health Centre of the University of Szeged stressed that without the right attitude and empathy nursing work cannot be successful regardless of what devices are available for them. In the clinics of the University of Szeged this hard challenging work is carried out by many people, even if many times it's hard. As he said, the Albert Szent-Györgyi Health Centre , USz comprises 29 clinics and is responsible for taking care of more than one and a half million patients. However, the development of science without the work that healthcare workers do, does not have any value - he said.

Dr. Tamás Irinyi, the county President of MESZK, spoke of his experiences of recent years. He pointed out that without healthcare professionals, the health system is inoperable.

Following the speeches, in the name the Csongrád County Presidency of MESZK the Professional Excellence awards were given. The exemplary work of six skilled workers was recognised at the ceremony. Besides others Anita Bujáki, chief nurse of the Second Department of Internal Medicine and Cardiology Centre, SZTE SZAKK and Annamária Nagy, the chief dialysis nurse of the Nephrology and Hypertension Center, Dialysis Center of SZTE SZAKK were also awarded.

In addition to her duties as chief nurse of the ward, Anita Bujáki is actively involved in educating and training the new generation. She familiarizes her students with besides the mandatory tasks the interesting diagnostic fields essential for using theoretical knowledge in practice. Despite her young age with her confidence and professional knowledge she is an example for the students - it was told in the praise. Annamária Nagy has a significant role in that the staff number is permanent in the Dialysis Centre. She considers her primary task to train the new workers, and she helps them a lot to integrate. The Educational Administration for Nursing Management and Healthcare Professionals, USz. regularly invites her to participate in the training of specialist nurses. She also helps students to prepare for national professional study competitions.

The conference was closed with the presentation of father Ferenc Pál, mental health professional.



5th February, 2020
SZTEInfo - Anett Zombori
Photo: Anna Bobkó

Nurses' recognition in the Health Centre of the University of Szeged

On the 28th February, on the celebration in honour of the Day of the Hungarian Nurses the plaque commemorating Zsuzsanna Kossuth was garlanded in the Hall of the Gábor Petri Building of the Albert Szent-Györgyi Health Centre of USz. Thereafter the healthcare professionals were greeted. The silver brooches of the Hungarian Nursing Association were granted to three employees of the University of Szeged. The best vocation is helping patients. - said Prof. Dr. László Kovács, vice-chairman of the Albert Szent-Györgyi Health Centre, USz in the voice of respect and thankfulness on the celebration in honour of the Day of the Hungarian Nurses. In his welcome speech he vividly outlined the complexity, beauty and difficulty of the nursing profession. "Who are the nurses? What does it mean to be a nurse nowadays?" - he started his series of questions.

Are nurses the problem solving women and men in the ward? Are they sometimes the targets of patients' and doctors' temper? We know that they are shelter and support for the patients anytime. Are they those who can even be considered mental trash bins for others? Are they the responsible persons for good mood? Are they perhaps the mental and logistical centre of the clinical wards? - The vice-chairman emphasised their wide range of professional and human duties this way, then he added: The nurses are the background people ever, and the patients thank first them for the curing work. But we can also say that they are the lightning rods, and they are also the good fairies much awaited by patients at the times of shift changes, who help with solving many difficulties. They are able to lead the healing patient even with a good word into the optimistic spiritual road. - The nurses' vocation is the most beautiful one of the world! We thank them for their work nothing can be substituted for. I ask them for remaining in the Albert Szent-Györgyi Health Centre. I wish all the nurses immunity against stress and burnout, further I wish them every success and happiness in their job and private life! - finished his thoughts Prof. Dr. László Kovács.

2020 is the Year of the Nurses and Midwives - started her lecture Tünde Minya the chairwoman of the Hungarian Nursing Association. - It relates to 20 million healthcare professionals worldwide. The speeches should be about the irreplaceable role of the nurses and midwives - she emphasized.

Then dr. Csaba Kristóf, the healthcare law specialist of the EMMI Integrated Legal-Protection Service held a lecture about the nurses' rights.

The silver brooches of the Hungarian Nursing Association were received by Anita Terhes, the vice chief-nurse of the Albert Szent-Györgyi Health Centre, and the chief clinical university-graduate nurse of the Department of Surgery, by Edit Boros, assistant lecturer and commissioned deputy head of the Department of Nursing of the Faculty of Health Sciences and Social Studies, USz, and by Ilona Kaczur, the healthcare trainer of the Educational Administration for Nursing Management and Healthcare professionals, USz.

2th March, 2020

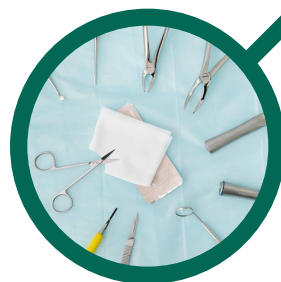
SZTEInfo - Lévy Gizella

Photo: Annamária Szécsi

Professional evening of the Dental Hygienist students

The autumn semester professional evening of the Dental Hygienist students was held on 12th November, 2019. The purpose of the program is to recruit the classes of the Dental Hygienist students, to promote the profession and its famous representatives, and to create a tradition through this event. We would like the certain classes to get to know each other better and they could form a closer relationship as well, and a more effective communication could come about among them. We are going to plan an event later that would work as a forum, where the students would have an opportunity to share their experiences or their questions and worries with each other. In view of the great interest we would like to introduce this kind of event to be held every semester in the near future, even it could serve as a place of scientific dissertations. This would contribute to promoting and introducing revolutionary new technologies, techniques, processes, equipment and materials appearing on the market to the students, thereby further strengthening their commitments and enthusiasms for the profession as well. At the informal meeting there was a lot of interest shown, which inspires us to prepare even more interesting and varied programs in the future. It is important for us that this event would not be only a Dental Hygienist professional evening, but it would provide an opportunity to discuss the current cases and feelings in students in connection with the profession.

The event was organized and conducted by the fourth year Dental Hygienist students. They started the program with a historical commemoration, they told the most important facts about the first dental hygienist of the world, Irene E. Newman and the development of the Dental Hygienist training. After the brief overview the students shared interesting facts about dental care and the field of dentistry with the audience. We invited the participants to play a little quiz in connection with what had been said, where the most skilful respondents were rewarded a gift package containing tools and products for daily oral care. The exchange of professional experiences was crowned by a small standing reception. The gift packages and hospitality were supported by the faculty HÖK (Students' Union), for which we would hereby like to thank them. Our invited guests were Éva Vargáné Magyar and Georgina Balogh who raised the standard of the evening with their presence. Éva Vargáné Magyar, who is currently a regional representative of Oral-B shared the most significant stages and experiences of her professional career and her future plans with us. Our guest has been in a close relationship with the Dental Hygienist students for years, she gives them a hand with the topics of oral health promotion and oral hygiene. Georgina who graduated at our Faculty's program in 2019, currently works as a Dental Hygienist at the Dental Clinic, and she takes part in the education as well. She informed the students about her experiences of seeking a job in this profession. We are very grateful for the enthusiastic, devoted organizing efforts of all the fourth year students, especially of the main organizers: Anita Banyó, Boglárka Dányi, Nikolett Dzurek and Vivien Ledényi. It makes us happy to see that it makes sense to nurture and take care of this tradition.



We would like to form a cohesive, helpful, familiar community where the members are able to count on each other if they need help with either learning or private life.



We remember Prof Tamás Mészáros PhD. (1939-2020)

We were moved by receiving the news about the death of Prof. Dr. Tamás Mészáros, founder of the Physiotherapist training program in Szeged. He died on 5th February, 2020.

We remember Professor Tamás Mészáros not only as the Head of the Department of the Orthopaedics Clinic but also as one of the prominent characters of the Hungarian Physiotherapist training. In Hungary the first year of the college-level 3-year-long Physiotherapist training program was launched in September, 1975 at the College Faculty of Healthcare of OTKI in Budapest.

At that time already Professor Tamás Mészáros as a young senior lecturer took part in the educational work and taught anatomy and orthopaedics in the training program. He won his audience with his sarcastic humour and colourful lectures. At the examinations as well as at his lectures he set the bar high, and the students of that time including me did not want just to pass the exams struggling but wanted to show real knowledge. The Professor was one of the pillars of the training program in Budapest, thus the leadership at that time, Zsuzsa Gardi, the professional leader of the training program in Budapest and chairwoman of the Hungarian Physiotherapists' Association and Dr. Éva Szél, chief director of our Institute at that time supported him with complete agreement to start the Physiotherapist training program in Szeged. Until then there was exclusively the Budapest training program available where annually 35 – 40 students graduated. This number of graduated professionals could not satisfy the increasing demands.

On the basis of the 1989-year decision about establishing the training program, in Autumn, 1990 the Physiotherapist training program was started at the Healthcare College Faculty of the Albert Szent-Györgyi Medical University. With this act the big traditional university received another new higher-education-level training program into its buildings the graduates of which could decrease the country's lack of professionals. It was an important step in the Physiotherapist training, because after World War II there were only 60 registered Physiotherapists in Hungary and aside from some short-term programs, until 1990 this training program was available only in Budapest. The Professor had been leading the Physiotherapist program for 10 years.

Establishing and starting the program is history already. However, today we can also tell that the quality is one of our legacy from the Professor. The unit which works today as the Department of Physiotherapy can thank Professor Mészáros not only for starting the training program. He made it possible for the instructor and the practical trainer colleagues to take the first steps on the way to receiving university degrees and doctorates. The door was opened to international relationships and the Professor maximally supported the instructors working in theoretical and practical fields to participate in national and international training programs that developed them.

Ending our farewell, we would like to express our thanks and gratitude to Professor Tamás Mészáros, we remember him with great respect!

Mária Barnai PdD.

Visit of a Turkish guest teacher

Ismael Ceylan Turkish physiotherapist colleague visited our faculty in the first week of the educational period in February. Ismael is one of the lecturers of the Ahi Evran University; his specialization is rehabilitation after hand flexor tendon and peripheral nerve injuries. During his stay we collated the training plans and through his professional lectures we were able to gain insight into his specialization, which is physiotherapy treatments applied in the rehabilitation after hand injuries. Foreign and Hungarian students also took part in the lectures as well as the colleagues of the Department of Physiotherapy, and the Lecturer received several questions regarding the topic from the students and instructors. As a result of the discussions an agreement was made on the student and teacher mobility, and the bilateral contract was signed by the cooperation of the two institutions.

